



Sacred Beliefs

What is it to have a belief in something? Believing is the acceptance that something could be true; such as the belief in the Divine Oneness, the Divine as we understand it on a personal level.

Our personal spiritual beliefs are often developed in our youth under the instruction of an elder in our lives. An elder could be anyone who is older than us, and usually an adult. In our youth, we are generally only exposed to one belief system, or in some cases, one denomination within a belief system. (**Note:** Christians are not the only ones with denominations.) The belief system we are exposed to is usually ancestral in nature. Our ancestors handed down their beliefs, from their region of origin, from generation to generation.

Historically, all beliefs were regional in nature. Each region of the world, separated by geographical divides, developed their own connection to the Divine, and created their own structure within and around that system of belief.

Today, the belief systems of the world are melding into something much different than we have ever known. It is being lauded throughout the world as a great Spiritual evolution. So, where does that leave the believer in whatever belief system of the world?

We live in a mobile society, where people are carrying their beliefs beyond the old geographical divides to every reach of the Earth. This mobility of beliefs is causing friction throughout the world, on many different fronts. However, on our journey of the exploration of our own sacred ground, we need not go any further than our own front door. From the tradition of the Hindu Raja, it is said that *“In the mouth of the Raja, his mother saw the whole of the universe”*. The Hindu Vedic beliefs are far older than even Confucianism. This belief speaks volumes about whom and what we are in the cosmic structure. If we examine other beliefs of the world, we find this same concept, only using different phraseology.

Again, where does that leave us as believers in our own traditions, as the world religions meld into one another? As individuals it leaves us in one of three places:

- **Strong in our beliefs;**
- **Questioning the Existential Given of the Unknown; or**
- **Quite possibly in the midst of a Spiritual crisis.**

This is the importance of developing a strong spiritual dimension as a foundation for our physical, psychological (personal), and social dimensions that connect us to the material world.



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Believing is accepting in our hearts and minds that something is possible or could be true. Once we have accepted that something could be true, we can begin the process of delving further into the process of discovering what *is* true for us as individuals. However, that does not mean that we get to just make it up as we go, picking and choosing what appeals to us as though the beliefs of the world are a smorgasbord of cafeteria style benefits.

There are universal laws, referenced in every belief system in the world, that govern and maintain the balance of the universe; including us. This is the origin of the Law of Divine Oneness – all that is the universe, including the 12 Immutable Laws, are encompassed in this one law: We are all part of something that is far greater than ourselves. We are Divinely connected to everything; the sun, the moon, the stars, all heavenly bodies – seen and unseen, our own natural world, and each other. Whatever we choose to do will have an effect on the rest, regardless.

In order to develop our spiritual dimension, we must accept that our Divine connection to the all of everything could be possible and true. Without this acknowledgement, our foundation of life will always be ego-centric and without true meaning or purpose. To have true meaning and purpose in our lives, we must live beyond our own selves in service to others and the natural world from our soul.